

A photograph showing the silhouettes of two people on a boat, holding up a large white tarp or sail. The background is a bright blue sky with scattered white clouds and a dark sea. The overall mood is serene and adventurous.

MULTICULTURALISM, FOOD, AND RELIGIONS IN THE ITALIAN-FRENCH RIVIERA

Field Learning Programs

MULTICULTURALISM, FOOD, AND RELIGIONS IN THE ITALIAN-FRENCH RIVIERA

1-Week / 3-Credit Field Learning Program

About the Program

The LSSOIF280 1-week / 3-credit field learning course engages the student in the exploration of the history and culture of the French and Italian Riviera, a region that still today preserves a peculiar identity, and builds a bridge between the Mediterranean and Northern Europe. The program content includes lectures, visits to historic and contemporary sites, tastes of local gastronomy, expanded cultural horizons, and contact with local culture, which will directly strengthen and challenge perspectives of the areas examined.

Available Sessions

The program is offered once a year in the Summer academic season.

SUMMER Session D

The program start and end days are Sun-Sun. The course can be combined with the Summer Session II 3-Week Session (4-Week Session VI).

Please consult session dates at
fua.it/Utility/academic-calendar-detail.html

Field Learning Week Details | Daily Coursework

(Daily research and assignments required. Detailed syllabus available upon request)

DAY 1

Arrival in Nice and Orientation

DAY 2

Lecture

- Foundation of religious orders in southern France.
- Monastery food and viticulture in the Middle Ages.
- Monks, monasteries, mysteries on the Island of Lérins

Field Learning Itinerary

- Transfer from Nice to Lérins Island
- Visit of Lérins Abbey on Saint Honorat Island
- Guided walking exploration of Nice

DAY 4

Lecture

- Multiculturalism and food: local cuisine, markets, and street food
- Immigration in the French Riviera: Nice as a Mediterranean crossroads

Field Learning Itinerary

- Saleya Market in Nice
- Guided food tasting in local restaurant

DAY 3

Lecture

- Multiethnic history, art, and culture of the French Riviera; the Roman Legacy.
- Birth of European culture post-Roman Empire
- Glamour in the Cote d'Azur

Field Learning Itinerary

- Promenade des Anglais
- Matisse Museum

DAY 5

Lecture

- Meaning of multiculturalism and religion in contemporary Europe.
- Religion and integration of diverse cultures

Field Learning Itinerary

- Notre-Dame Basilica in Nice
- Mosque in Nice

DAY 6

Lecture

- Italian-French borders and cross-cultural influence
- Role of the monastic order in economic development

Field Learning Itinerary

- Transfer to Menton and Ventimiglia
- Menton city center and Hanbury botanical gardens
- Ventimiglia city center
- Benedictine Abbey of Finalpia in Finale Liguria
- Transfer to Genova

DAY 8 |

Lecture

- Liguria: food heritage and traditions in the Italian Riviera

Field Learning Itinerary

- Transfer to Recco and tasting of the town's renowned focaccia
- Transfer to Florence

Course conclusion and overview.

DAY 7

Lecture

- Maritime republics: Genova and its fight for dominance in the Mediterranean
- Genova's cultural roots as a city of sailors, explorers, and musicians.

Field Learning Itinerary

- Guided exploration of Genova
- Local food and wine tasting

Additional Program Option

The LSSOIF280 field learning week can be taken alone for 3 credits, combined with courses in Summer Session II, or as a 6-credit course as described by the following option:

LSSOIF340 (1-Week + Florence)

6 semester credits / 9 quarter credits

Students who are interested in the 1-week field learning course and wish to continue with the Riviera topic may enroll in the 6-credit LSSOIF340 option. The course begins with the field learning week and continues in Florence throughout the 3-week Summer II Session.





Program Includes

Academic coursework, accommodation, transportation, breakfast daily + seven meals..



Contact Info

For further details, questions, or to request a copy of the syllabus, please contact admissions@fua.it.